

PALLIATIVE CARE & AGED CARE CONFERENCE

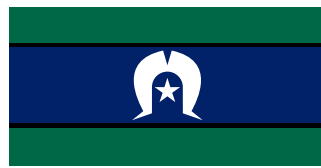
» PARTNERSHIPS IN ACTION

⋮ 20 May 2024
⋮ Carson Conference Centre, ANMF
⋮ 535 Elizabeth St, Melbourne



PalliativeCare
VICTORIA
Living, dying & grieving well

Acknowledgement of Country



Palliative Care Victoria acknowledges the Traditional Custodians of the land on which we work, the Wurundjeri Woi Wurrung people of the Kulin Nation. We pay our respect to their Elders past, present and emerging. Further, PCV acknowledges Traditional Custodians of Country where palliative care services are delivered throughout Victoria, and recognises the continuing connection to lands, waters and communities.



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General Information

Registration

The registration desk will be located outside the Auditorium in the Carson Conference Centre, ANMF Building.

All delegates and speakers will be provided with a name badge, which must always be worn within the venue.

Phones & Personal Devices

Please be courteous to other delegates and speakers by turning your mobile phones to silent, or by switching them off during the presentation and workshop sessions.

Photography

Photos will be taken throughout the event by a Palliative Care Victoria photographer. These images will be used for a range of platforms including the PCV website, newsletters, reports, and social media.

Please inform a PCV staff member if you do not want your photo taken.

Dietary Requirements

Palliative Care Victoria has advised the venue of all dietary requirements that you have provided in your registration.

Further Information

For all enquiries relating to the PCV Palliative Care & Aged Care Conference, please contact Palliative Care Victoria at:

EM: info@pallcarevic.asn.au

PH: 03 9662 9644



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About PCV

Palliative Care Victoria is an independent not-for-profit peak body in Victoria. Established in 1981, we represent palliative care providers, people with palliative care needs and their families, and those with an interest in palliative care in Victoria. We are a member of the national peak body, Palliative Care Australia.



fb.com/PalliativeCareVictoria



Twitter: @pallcarevic



IG: @palliativecarevic



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..an impressive
lineup of speakers
and workshops
covering a range of
pertinent topics..
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Welcome



Dear Delegates,

On behalf of Palliative Care Victoria (PCV), I extend a warm welcome to all delegates attending the PCV Palliative Care & Aged Care Conference.

This conference serves as a pivotal platform for us to come together and explore Partnership in Action. As we delve into best practices and collaborative approaches between palliative care & aged care services, we aim to foster meaningful connections, share insights, and ultimately enhance the care experience for patients and their families.

With an impressive lineup of speakers and workshops covering a range of pertinent topics, I am confident that this event will inspire fruitful discussions and valuable learning opportunities for all participants.

I encourage you to engage actively, network with your peers, and leverage this opportunity to broaden your knowledge and expertise in our shared goal of delivering high-quality palliative care to all Victorians.

Thank you for your participation, and I look forward to a successful and enriching conference experience.

A handwritten signature in white ink that reads "Violet Platt". The signature is stylized and cursive.

Adj. Assoc Prof Violet Platt

CEO, Palliative Care Victoria

Master of Ceremonies

Violet Platt

Adj. Associate Professor Violet Platt, CEO of Palliative Care Victoria, with adjunct academic positions at Edith Cowan University and Notre Dame University, WA. I have over 30 years of experience in cancer and palliative care nursing, across the UK, Isle of Man and Australia. From 2006-2020, I led the WA Cancer & Palliative Care Network, influencing State and National Programs. In 2016 I was presented with a Lifetime Achievement Award in recognition of my contribution to the cancer and palliative care sectors. I continue to advocate for palliative care excellence which is truly person centred and equitable.

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she has championed the execution of pivotal projects and fostered strategic alliances, propelling organisations to success.

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Kelly Rogerson

Adjunct Assoc Professor Kelly Rogerson stands out as an influential leader whose extensive career spans over two decades in healthcare, as a registered nurse. Her presentation today draws on her profound experience in steering organisational transformations and enhancing operational efficiencies.

Kelly, who holds an MBA and a Masters in Nursing is recognised for her strategic foresight and adeptness in nurturing high-performing teams. Throughout her distinguished career, which has evolved from critical care nursing, project management to executive leadership, she has championed the execution of pivotal projects and fostered strategic alliances, propelling organisations to success.

Kelly's dedication to community upliftment is evident in her active engagement with mentorship programs and local non-profits, underscoring her commitment to societal betterment. Her insights today are not just reflections of her business acumen but also her profound dedication to fostering positive change, both within organisations and the wider community.

Her advocacy for creating empowering, inclusive workplaces is her passion and had been illustrated in previous roles such as Director of Nursing (Jessie McPherson Private hospital) General Manager Specialty Medicine, Cancer and Critical Care (Monash Health), Director of Nursing and Operations (Donate Life Victoria), She is current the CEO of Palliative Care South East and Board Chair of Palliative Care Victoria

Keynote Presentations

Dr. Patrick Steele

Patrick is a passionate advocate for compassionate and holistic care for older adults, particularly those facing life-limiting illnesses. With a background in rural general practice, he brings a wealth of experience in community healthcare to his current role as a Palliative Care Consultant.

Patrick works across both hospital and community settings, that include Palliative Care South East, Peter MacCallum Cancer Centre, The Royal Melbourne Hospital, Melbourne City Mission and several projects in the field of aged care working closely with Monash Health. Patrick champions a personalized approach, prioritizing quality of life and maximizing enjoyment for each individual.

In this talk, Dr. Patrick Steele will delve into the contemporary landscape of palliative care in aged care, exploring innovative approaches and best practices to ensure our most vulnerable receive the care they deserve.

Dr. Patrick Steele's keynote presentation at the Conference will delve into the evolving landscape of aged care, emphasizing the growing awareness of aging population needs and challenges in resource allocation. He will explore dementia palliative care's multifaceted approach, highlighting the importance of collaboration among healthcare professionals and the role of technology while advocating for improved resources and compassionate care.

Dr. Louise Mahler

Dr. Louise Mahler is Australia's Keynote Speaker of the Year, Adjunct Professor and a media and internet sensation.

You may wonder how an expertise in presence and influence began with an economics degree majoring in statistics. It could be an interim decade singing opera in Europe and a soloist's contract at the Vienna State Opera, but it was a Masters in Organisational Psychology and a 'PhD in Business' that brought her highly practical theories on Interpersonal Leadership Communication together.

Louise is on-call for top global CEOs as a guest presenter for leaders and leadership-teams worldwide, coaching federal politicians, heads of international business and rising corporate talent when the need to give voice and be influential arises.

She is the virtuoso of the Voice The High Priestess of hot air and The Femme Fatale of unflinching attraction.

Her work has had a transformative effect on many people's lives, and she is here now to impact ours.



Her work has had a transformative effect on many people's lives, and she is here now to impact ours.



Conference Program

9.00am	Welcome	<ul style="list-style-type: none"> • Adj Assoc. Prof Kelly Rogerson - CEO, Palliative Care South East
9.15am	Welcome to Country	Uncle Ringo Terrick, Wurundjeri Elder
9.30am	Culturally Safe and appropriate, trauma-informed, holistic and high-quality care: Addressing the gaps in policy and practice	<ul style="list-style-type: none"> • Shannon Firebrace - Cultural Operations Manager, Rumbalara Aged Care Facility • Michelle Terrick - Project & Cultural Consultant to PCV • Auntie Jan - Gunditmara Elder • Jesse Odgers - Project Officer, Palliative Care Victoria
10.00am	Guest Musical Performance	Kutchka Edwards
10.20am	Morning Tea	
10.45am	The Tapestry of Care: Weaving Dignity and Support for Our Aging Population	Dr Patrick Steele
11.30am	Introduction to the Dignified & Respectful Decisions Project	<ul style="list-style-type: none"> • Tiffany Button - Project Officer, Palliative Care Victoria • Chris Wishart - Project Officer, Palliative Care Victoria
11.50am	Presentation of Noala Flynn AM Award for Excellence in Palliative Care Nursing	
12.00pm	Lunch	
1.00pm	Volunteering Partnerships – promoting palliative care volunteering	Heike Fleischmann - Volunteer Engagement & Capacity Building Manager, Palliative Care Victoria
1.15pm	Improving Disability and Palliative Care Partnerships	<ul style="list-style-type: none"> • Heike Fleischmann - Volunteer Engagement & Capacity Building Manager, Palliative Care Victoria • Anthony Risoli - Self Advocacy Team Leader, VALID • Celeste, Jenny, Josh & Greg - VALID Self-advocates • Janet Galer - Counsellor
1.30pm	Workshop	
2.30pm	Afternoon tea	
3.00pm	Partnerships in Action	<ul style="list-style-type: none"> • Bianca Hurlle - Manager, Rosehaven Hospice • Tanja Bahro - Manager, Southern Metropolitan Region Palliative Care Consortium
3.20pm	Gravitas - The missing ingredient of leadership	Louise Mahler
4.20pm	Closing Remarks	

Workshop Topics

Workshop 1

Aboriginal workforce expertise driving best practice in Cultural care planning and delivery

Shannon Firebrace

Cultural Operations Manager, Rumbalara Age Care Facility

Workshop 2

Estimating time to death in the final hours to ensure No One Dies Alone (NODA): Development and testing of the Guide for Recognising Active Dying (GRAD)

Davina Porock

Professor, School of Nursing & Midwifery at Edith Cowan University

Workshop 3

Journeying together: exploring End of Life Doula practices

Rose Sexton

End-of-life Doula, providing palliative care education and support to the aged care sector across East Hume Region & Volunteer Coordinator at Northeast Health Wangaratta

Workshop 4

Multicultural/faith LGBTQIA+ communities: Creating inclusive services

Dr Maria Pallotta-Chiarolli

Honourary Fellow, School of Communication and Creative Arts, Deakin University

Budi Sudato

Director, Ananda Training & Consultancy & Researcher, Monash University

Workshop 5

Palliative Care in the Aged Care Home: The value of shared decision-making

Tiffany Button

Project Officer, Palliative Care Victoria

Barbara Hayes

Clinical Lead - Advance Care Planning, Northern Health

Chris Wishart

Project Officer, Palliative Care Victoria

Speakers

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Culturally Safe and appropriate, trauma-informed, holistic and high-quality care: Addressing the gaps in policy and practice.

Aboriginal Community member experts in residential aged care, advance care planning and holistic health and wellbeing, will lead this panel discussion about increasing access to Culturally Safe and appropriate palliative care and residential aged care services for older and Elder Community members, their families, carers, Kin and Community members.

Shannon Firebrace

Mr. Shannon Firebrace serves as the Cultural Operations Manager at Rumbalara Age Care Facility, he brings a wealth of experience and passion for cultural preservation to he's elders facility.

In his capacity as the Cultural Operations Manager, Mr. Firebrace plays a vital role in promoting cultural sensitivity and inclusivity within the aged care sector. With a deep understanding of Aboriginal traditions and values, he works tirelessly to ensure that the elders receive the highest standard of care that respects and honours their cultural heritage.

At Rumbalara, Mr. Firebrace spearheads initiatives aimed at preserving and celebrating Aboriginal culture, enriching the lives of residents and fostering a sense of community within the facility. His commitment to promoting cultural awareness and understanding to all.

With his compassionate approach and unwavering dedication to serving the elders, Shannon Firebrace continues to make a significant impact on the lives of residents and staff at Rumbalara Age Care Facility.

Michelle Terrick

Project and Cultural Consultant to PCV

Aunty Jan

Aunty Jan is a Gunditjmara Elder, living on Gunditjmara Country, Mother of 4 grandmas of 11, and an Enrolled Nurse, who has worked in Aboriginal Health since 2011. She is passionate about supporting mob to reach their full potential with their physical, emotional and Cultural wellbeing, improving Cultural Safety for mob to receive high-quality health care in mainstream and ACCHO services, supporting Elders / Community through their health and end-of-life journey, and ensuring that Palliative Care is Culturally sensitive.

She is Currently employed at Winda-Mara Aboriginal Corporation in the role of Chronic Disease Management. In 2022 she registered her own business 'Brown Owl – Yuuitch Peetch' which delivers education to ACCHOs on Advanced Care Planning & Cultural Awareness to mainstream and ACCHO's.

Aunty Jan sits on Warrnambool Magistrate Koorie Court, and is a Board Member of Dhauwurd-Wurrung elderly & Community Health.

Outside of work, she operates a Pre-Loved Clothing pop-up shop, is involved with her local football club, attending community events, support family, friends and mob where I can and basically enjoy life.

Jesse Odgers

Jesse is a non-Aboriginal woman, mum to Koori kids, and feels privileged to work alongside Community members and colleagues in direct practice and policy reform roles and responsibilities with VACCHO, the Narrun Wilip-giin (Aboriginal Support Unit) and PCV. This work includes journey advocacy in clinical and Community settings, responsive to the Self-determination, aspirations, needs and priorities of Community members, carers, family, Kin and Community. Jesse's respect for and continued commitment to Culturally Responsive practice and critical self-reflection drives her Cultural humility in practice.

Guest Musical Performance

Songman Kutcha Edwards is a proud Mutti Mutti, Yorta Yorta, Nari Nari man, is a strong advocate for Aboriginal people, and is dedicated to the continuum of his traditional Songline.

Kutcha has been prolifically combining songwriting and activism since 1991, when he joined Koori group Watbalimba and began the remarkable journey that has taken him from the tiny Riverina town of Balranald to tours of Australia and the world. It is his experiences as a survivor of the Stolen Generations and his proud Mutti Mutti heritage that has shaped his diverse creative output.

At the same time, he's been able to forge a successful solo career combining his 'Bidgee' blues and soul with traditional songs of people and country.

Kutcha is now a multi award winning singer/songwriter and his most recent album 'Circling Time' has garnered critical acclaim. He tells us that music chose him.

He uses music to create connections across cultures, generations, and spaces. He draws on a profound sense of all those who have gone before him on this land, along with his own life experiences, to help his audiences understand themselves, reconnect with their culture and promote cultural understanding.

His music touches the soul and through his humour and insights we realise that with recognition of the true Aboriginal history, there can be hope of reconciliation.

Introduction to the Dignified & Respectful Decisions Project

The Dignified and Respectful Decisions project, launched in February this year, is the first resource developed by Palliative Care Victoria to support older Australians living in residential aged care. Through its development, the team crossed the traditional boundaries between the palliative care and aged care sectors, forging new relationships and working collaboratively with communities across Victoria. In this presentation, the project team will discuss the foundation work which drove their approach to co-designing content through an iterative process and share the key learnings they have made along the way. They will also provide a brief overview of their current approach to community engagement, highlighting how these resources are supporting families to make better informed decisions alongside aged care teams.

Tiffany Button

Tiffany is a Project Officer working with Palliative Care Victoria. Alongside her team, she has developed the Dignified and Respectful Decisions resources for aged care services. Tiffany has been a registered nurse of more than 15 years and began her career in aged care as a personal care worker before moving into critical care as a registered nurse. Over the course of her clinical career, she has pursued roles in education, management, and co-ordination both within Australia and Internationally.

She is a passionate advocate for equitable access to health care and improving patient outcomes which led her to complete a Master's in Public Health in 2022. Tiffany now seeks to inspire the next generation of nurses to deliver high quality care and pioneer new ways of working in an ever-changing health care system.

Chris Wishart

With 30 years of experience working in the not-for-profit, government and corporate sectors Chris is dedicated to building collaborative and sustainable partnerships across these sectors that deliver social impact in the community.

Chris is currently working with the Aged Care Project team at Palliative Care Victoria and brings a rich and diverse experience from leading advisory services for strategic corporate community investment, working with the Integrated Cancer Services and Secondary School Nursing program, Oxfam Australia, World Vision Australia, living in Laos and working in Kenya and Ethiopia.

Chris is a carer for her mother who lives in Aged Care.

Volunteering Partnerships – promoting palliative care volunteering

Palliative Care Victoria in partnership with Palliative Care Southeast, Mercy Health Palliative Care, Melbourne City Mission and Calvary Healthcare Bethlehem – Kooyong Precinct developed a promotional video that highlights the importance and impact of volunteer support within palliative care with the aim to educate and increase recruitment opportunities for those within the community. The video was funded by the City of Melbourne through the Community Inclusion Grants Program.

Heike Fleischmann

Heike Fleischmann is a highly skilled trainer and manager with over 10 years experience in the disability and palliative care sector. She joined the Palliative Care Victoria team in 2018 as the Volunteer Engagement & Capacity Building Manager.

Through her volunteering with her local hospital and Zonta, she became a strong advocate for the volunteering sector, women, people with a disability and people experiencing homelessness.

Improving Disability and Palliative Care Partnerships

Palliative Care Victoria (PCV) and the Victorian Advocacy League for Individuals with Disability (VALID) partnered again to develop and facilitate peer-to-peer information sessions on the benefits of palliative care for people with an intellectual disability, and education workshops for their families, carers and disability support workers. The foundation for the sessions are the Easy English booklets and posters which were developed in partnership previously and are in high demand.

This project addresses the information needs about palliative care, dying, death, grief and loss for individuals with intellectual disability living in group homes, their families and disability support workers. Funded by the Department of Health, it was developed and implemented in partnership with self-advocates and team members of VALID and the PEPA team as our education partner. The project is funded by the Department of Health. PCV and VALID team members will give a short overview of the progress of the project.

Presenters:

Heike Fleischmann

PCV team member

Anthony Risoli

Self Advocacy Team Leader, VALID

Celeste, Jenny, Josh and Greg

VALID Self-advocates

Janet Galer

Counsellor



Partnerships in Action

Bianca Hurle

Bianca Hurle has spent her entire professional career dedicating herself to improving the lives of others. She has worked extensively in the healthcare sector, and is currently the Hospice Manager of Rosehaven, a brand-new not-for-profit hospice located in Mansfield.

Bianca's passion for caring started at a young age, but it was not until her first job in an aged care home that she realised her purpose was to help people have a good death.

"When I was younger, I gravitated towards work that focused on helping people, so when I was 17, I started working as a care worker in an aged care facility."

When she was 21, Bianca applied for a nursing position. However, with over 400 applicants and only 25 positions, she was unsuccessful. Not deterred by this, Bianca wrote a letter to the local MP about her passion for nursing and was given the opportunity to enrol in an apprenticeship style program working in aged care.

Since then, Bianca has continued to work in the sector and across the past 20 years has become an advocate for holistic, respectful care.

Launch – SMRPCC Parkinson's Disease at End-of-Life Collection

Parkinson's Disease (PD) has a long trajectory and usually people enter aged care with PD as a co-morbidity. During this transition, the resident will often lose contact with their neurologist. Clinicians in the Southern Metro Palliative Care Consortium (SMRPCC) found that care at End-of-Life for people with Parkinson's Disease could be improved and that at times mistakes are made.

In collaboration with Dr. Jim Howe, a specialist neurologist, Victor McConvey from Fight Parkinson's and Robert Wojnar, pharmacist, Cabrini Health, the SMRPCC developed a suite of practical resources to assist in the care of PD patients at end of life.

Tanja Bahro

Tanja Bahro, serving as the consortium manager for the SMRPCC, has contributed to many initiatives that empower Residential Aged Care Facilities (RACFs) in the region to embrace and excel in the palliative care approach. Her commitment to fostering access and equity underscores her work, surpassing trends to champion timeless values in healthcare

Workshops

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Aboriginal workforce expertise driving best practice in Cultural care planning and delivery

Culturally Safe care requires equitable service and care planning, design, delivery, monitoring and evaluation by Aboriginal people. This workshop shares stories of direct practice and service developments in an Aboriginal Community Controlled Residential Elder Care Facility to meet Community needs: Addressing the gaps in holistic care and increasing Cultural Capability.

Shannon Firebrace

Cultural Operations Manager, Rumbalara Age Care Facility

Mr. Shannon Firebrace serves as the Cultural Operations Manager at Rumbalara Age Care Facility, he brings a wealth of experience and passion for cultural preservation to he's elders facility.

In his capacity as the Cultural Operations Manager, Mr. Firebrace plays a vital role in promoting cultural sensitivity and inclusivity within the aged care sector. With a deep understanding of Aboriginal traditions and values, he works tirelessly to ensure that the elders receive the highest standard of care that respects and honours their cultural heritage.

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Estimating time to death in the final hours to ensure No One Dies Alone (NODA): Development and testing of the Guide for Recognising Active Dying (GRAD)

The pastoral care team at Southern Cross Care WA initiated the introduction of a NODA program with the aim of having volunteers keep vigil for the final 24-hours of life with residents who had no family/friends available. The CRAC team (I'll explain later) at Edith Cowan University was asked to evaluate the program. We asked Southern Cross Care: How will you know when to bring in the volunteers? How will you know the resident has 24 hours to live? These questions led us to develop the GRAD, a symptom-based tool for recognising active dying. This session will provide the background literature to the GRAD structure and its documentation to be used in the pilot. I will ask for your active participation to critically appraise this new assessment tool and share experiences of estimating time to death.

Davina Porock

Professor, School of Nursing & Midwifery at Edith Cowan University

Davina is a Professor in the School of Nursing and Midwifery at Edith Cowan University. She is the director of the Centre for Research in Aged Care and holds a VC's Professorial Fellowship. She is an experienced nurse researcher, teacher, and mentor. Since completing her PhD in 1998 at ECU she has worked in Australia, the UK and the USA garnering almost \$10M AUD equivalent. Professor Porock focuses her research and teaching on person-centred care of older adults receiving aged and end-of-life care with a special interest in recognising dying and the transition to end-of-life care.

Whilst working in the USA, Davina developed (n=33,000) and validated (n=10,000) the MDS Mortality Risk Index (MMRI) to determine likelihood of death in 6-months for aged care residents. The aim was to transition residents to palliative care services in a timely fashion. The work was recognised by the American Academy of Nursing for which she was made a fellow. The MMRI has been included in an online catalogue of prognostic calculators hosted by University California San Francisco. It has been validated independently by researchers and used successfully by clinicians in residential aged care, hospital, and community settings.

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How will you know
the resident has 24
hours to live?



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Journeying together: exploring End of Life Doula practices

Rose will present the latest developments in the End of Life Doula space in Australia and invite reflection on how this role can enhance and support palliative care patients and aged care residents and their families.

Rose Sexton

End-of-life Doula, providing palliative care education and support to the aged care sector across East Hume Region & Volunteer Coordinator at Northeast Health Wangaratta

Rose works in NE Victoria, providing Palliative care education and support to the aged care sector across the East Hume region. In addition, she recently took on the role as Volunteer Coordinator at Northeast Health Wangaratta.

She brings her forty years of nursing experience to her work as an end of life doula and believes there is tremendous scope for the expansion of this role particularly in the aged care space.



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Rose works in NE Victoria, providing Palliative care education and support to the aged care sector across the East Hume region.

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Multicultural/faith LGBTQIA+ communities: Creating inclusive services

Drawing on the findings of the ‘My Choice of Care: Palliative Care from Multicultural and Multifaith LGBTQIA+ Perspectives and Experiences’ research, this workshop will consider strategies that promote safe and inclusive services for people with palliative care needs, their families of origin and families of choice.

Dr Maria Pallotta-Chiarolli

Honourary Fellow, School of Communication and Creative Arts, Deakin University

Dr Maria Pallotta-Chiarolli AM, Honorary Fellow, School of Communication and Creative Arts, Deakin University, and founding member of the Australian LGBTQIA+ Multicultural Council (AGMC) in 2004, is an academic, author, activist and ally in the intersections of cultural diversity, gender and sexual diversity, relationship and family diversity. Maria is also a founding member of Ascolta Italian Women in 2020, a group of writers, artists and community leaders critiquing, decolonising and celebrating Italian heritage and culture.

Maria won the Victorian Globe Straight Ally Award in 2018, was honoured with a Writers’ Fellowship in her name by the WA Centre for Stories in 2021, and was made a Member of the Order of Australia in 2022.

Her current project is “Mobs and Wogs: First Peoples and Southern European migrants in Australia”, exploring the contestations and connections between colonialism, racism and multiculturalism.

Her most recent research report, with Budi Sudarto in 2023, is for Palliative Care Victoria: “My Choice of Care”: Palliative Care From Multicultural and Multifaith LGBTQIA+ Perspectives and Experiences. Melbourne: Palliative Care Victoria .

Apart from journal articles and book chapters, Maria’s publications include over 15 books, several having achieved awards. These include Australia’s first AIDS biography, *Someone You Know* (1991), being developed by Stephen Nicolazzo for theatre; and her autoethnography of 5 generations in her family, *Tapestry* (1999). Maria was chief editor on the AGMC anthology, *Living and Loving in Diversity: an Anthology of Australian Multicultural Queer Adventures* (2018) funded by VMC/MASC. It was the first Australian book to have a Welcome to Book written by a Wurundjeri elder to respect the First Nation on whose land the book was prepared.

Budi Sudarto

Director, Ananda Training & Consultancy & Researcher, Monash University

Budi Sudarto (they/them) is the Director of Ananda Training & Consultancy, a researcher at Monash University, and a former AGMC Vice President. Budi has an extensive knowledge in intersectionality and has continued to use their expertise, lived and living experiences to advocate for change within the LGBTQIA+, multicultural and multifaith, and migrant communities. In a recent collaboration with PCV on the “My Choice of Care” Report, Budi was involved in the design of the online survey, facilitated a focus group, and delivered a webinar on palliative care and advance care planning specific to multicultural and multifaith LGBTQIA+ communities.

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Palliative Care in the Aged Care Home: The value of shared decision-making

Palliative care is an essential practice for aged care professionals looking after older Australians in the final chapters of their lives. With the complexity of care increasing within residential aged care services today, aged care teams, residents and their families are being asked to make more challenging decisions about ongoing medical treatment and end of life care.

In this workshop, we will examine how shared decision-making can improve palliative care outcomes for older Australians living in residential aged care. The session will initially explore how Advanced Care Plans and Goals of Care conversations can support aged care teams and families at critical times. We will then discuss how these plans can support teams when talking about palliative care with families. The session will conclude with a question-and-answer activity, allowing aged care professionals the opportunity to ask specific questions, clarify concepts and debunk any misconceptions about palliative care in aged care.

Tiffany Button

Project Officer, Palliative Care Victoria

Tiffany is a Project Officer working with Palliative Care Victoria. Alongside her team, she has developed the Dignified and Respectful Decisions resources for aged care services. Tiffany has been a registered nurse of more than 15 years and began her career in aged care as a personal care worker before moving into critical care as a registered nurse. Over the course of her clinical career, she has pursued roles in education, management, and co-ordination both within Australia and Internationally.

She is a passionate advocate for equitable access to health care and improving patient outcomes which led her to complete a Master's in Public Health in 2022. Tiffany now seeks to inspire the next generation of nurses to deliver high quality care and pioneer new ways of working in an ever-changing health care system.

Barbara Hayes

Clinical Lead - Advance Care Planning, Northern Health

Chris Wishart

Project Officer, Palliative Care Victoria

With 30 years of experience working in the not-for-profit, government and corporate sectors Chris is dedicated to building collaborative and sustainable partnerships across these sectors that deliver social impact in the community.

Chris is currently working with the Aged Care Project team at Palliative Care Victoria and brings a rich and diverse experience from leading advisory services for strategic corporate community investment, working with the Integrated Cancer Services and Secondary School Nursing program, Oxfam Australia, World Vision Australia, living in Laos and working in Kenya and Ethiopia.

Chris is a carer for her mother who lives in Aged Care.



Palliative Care Victoria Membership

Membership Benefits Include:

- Access to a weekly e-bulletin Newsflash, which includes short up-to-date items on research, policy, conferences, employment opportunities, media coverage and relevant resources.
- Advocacy and representation to Government on priorities and issues related to palliative care and end of life care.
- Member discounts on resources and registration for events and conferences.
- Special Interest Group meetings, workshops and other education and networking opportunities.

Individual Membership

Any person with an interest in palliative care can apply for membership with PCV. This includes health professionals, aged care staff, carers, family members, patients and others wishing to support our work.

The individual membership fee for 2022/2023 is \$90.00 (including \$8.18 GST).

Organisational Membership

Organisations involved in the provision of palliative care services or related education, research or service planning/coordination may apply to become organisation members.

This includes specialist palliative care services, regional health services, aged, community and disability services.

Join us in supporting palliative care.



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PCV Strategic Plan



In 2022 Palliative Care Victoria launched the Strategic Plan 2022-2026.

The plan drew on extensive feedback from our membership, key stakeholders, and the wider community.

Access to palliative care is a human right. Throughout this period we will work collaboratively to ensure all Victorians have equitable access to timely care and support, based on their individual needs and wishes.

The plan is split in to three key population groups:

1. People with Palliative Care Needs, Carers and the Community
2. Health Professionals and Volunteers
3. Palliative Care Victoria Members

Each of these important populations have several priority areas of focus that are empowering, capacity building and advocating in direction.

PCV has begun delivering this new strategy with a pragmatic approach which acknowledges the size and resources of our organisation and supports the contributions of everyone.

[Click here](#) to view the PCV Strategic Plan 2022 - 2026 on the PCV Website.

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