

PALLIATIVE CARE VICTORIA

ANNUAL REPORT
2022 - 2023



PalliativeCare
VICTORIA
Living, dying & grieving well

Acknowledgement of Country

Palliative Care Victoria acknowledges the Traditional Custodians of the land on which we work, the Wurundjeri Woi Wurrung people of the Kulin Nation. We pay our respects to their Elders past, present, and emerging.

Palliative Care Victoria also acknowledges Traditional Custodians of Country where palliative care services are delivered throughout Victoria and recognises the continuing connection to lands, waters, and communities. We pay our respect to Aboriginal and Torres Strait Islander people and cultures; and to Elders past, present, and emerging.

About Palliative Care Victoria

Palliative Care Victoria (PCV) is the peak body for palliative care and end-of-life care. Established in 1981, we are an incorporated association and charity supported by the Victorian Government, organisation and individual members, other groups, and funders. A founding and current member of Palliative Care Australia, we also contribute to national policies and initiatives in collaboration with state and territory palliative care peak bodies.

Our Values

Respect - We respect the value, dignity, and human rights of people with a life-limiting illness and their families.

Empowerment - We empower people to prepare for dying, grief, and loss, and to be supportive and resilient.

Integrity - We are truthful and ethical in all that we say and do.

Compassion - We foster compassionate communities and the quality of life of people with a life-limiting illness and their families.



Contents

Contents	
Message from CEO & Chair	3
Our People	3
Board of Directors	3
Volunteers	3
Staff	3
People with palliative care needs, carers and the community	4
Who we work with	4
Health Professionals and Volunteers	7
Noala Flynn AM Award	7
Palliative Care Victoria Summit 2023	8
Promoting the value of volunteering & developing leadership capacity	8
‘My Choice of Care’ Report	9
PCV visits to new facilities	10
Website & resources	10
Palliative Care Victoria Members	11
Membership summary	11
National policy submission	11
Department of Health meetings	11
Advocacy – election campaign and MP meetings	12
National Palliative Care Week 2023	12
Acknowledgement of members	13
Financial information	14

Message from CEO & Chair



We are thrilled to share this Annual Report with our members and provide an overview of the amazing work that has occurred in the last 12 months. It is wonderful to have been able to engage with PCV members and the Victorian community face-to-face, after a prolonged period of online meetings.

We started 2023 with the PCV Summit 2023 at The Hotel Windsor. Jennifer Bliss from the Department of Health presented the Keynote speech, and a range of palliative care services represented their consortiums with presentations displaying local innovation and research.

National Palliative Care Week 2023 provided an opportunity to showcase the new palliative care documentary film *Live the life you please* in partnership with Spiritual Health Australia. Louise McKinley - Deputy Secretary from the Department of Health launched the event, Stephen Duckett led an engaging panel discussion that relayed the importance and value of palliative care.

Leading two important projects funded by the Commonwealth & Victorian Departments of Health has provided a short-term opportunity to increase the team at PCV. The projects will support improvements in palliative care and residential aged care for people with impaired cognition and their families and also for Victorians in Residential Aged Care who identify as Aboriginal and Torre Strait Islander.

Throughout financial year 2022 - 2023, we have continued to support and advocate for palliative care across Victoria. This report provides an overview of the valuable work that the PCV team have been delivering. We are in awe of the dedication and commitment that our palliative care members and organisations continue to deliver, and we pledge to continue working in partnership with you all to improve palliative care.

Finally, we wish to thank the Board of PCV and the team for their unwavering support of the vision and mission of the organisation. This allows us to continue to work towards high quality palliative care for all Victorians, so they can live, die and grieve well.

Adj. Associate Professor
Violet Platt
Chief Executive Officer

Adj. Associate Professor
Kelly Rogerson
Chair

Our People

Board of Directors



Adj. Assoc. Kelly Rogerson
(Chair)



Angie Dredge
(Vice Chair)



Arunesh Choubey
(Treasurer)



Margaret Aldous OAM



Dr Sandeep Bhagat



Assoc. Prof Barbara Hayes



Kate Johnson



Amy Noble

Governance Committee

Angie Dredge
Dr Sandeep Bhagat
Amy Noble

Engagement Committee

Kate Johnson
John Clements
Assoc Prof Barbara Hayes

Finance, Risk, and Compliance Committee

Arunesh Choubey (Chair)
Margaret Aldous OAM
Bart Clingin
Jean Yves Henri

Volunteers

Freda Heyman (Finished January 23)
Margaret Walsh
Kim McAlister
Bernadette Liston

Staff

Adj Assoc Prof Violet Platt - Chief Executive Officer
Maree Chilton - Accounts Manager
Tonina Gucciardo-Masci - Community Engagement Manager
Ed Hawke - Communications & Marketing Officer
Heike Fleischmann - Volunteer Engagement & Capacity Building Manager
Heather Stevens - Office & Member Services Manager
Tiffany Button - Project Officer
Lynne Casey - Project Officer
Jenny Cotterell - Project Officer
Simon Hore-Thorburn - Project Officer
Jesse Odgers - Project Officer

People with palliative care needs, carers and the community



Who we work with

PCV partnered with several organisations to co-design and deliver community-facing programs aimed at raising awareness about palliative care and improving access to services.

Community Education for Congolese and Bhutanese Communities in Albury-Wodonga

This project involved collaboration between PCV, Albury Wodonga Ethnic Communities Council (AWECC) and Albury Wodonga Health Palliative Care (AWH PC). Targeting Congolese and Bhutanese faith and community leaders who migrated to Australia as humanitarian entrants, an initial needs analysis indicated a lack of knowledge of palliative care services, how to access those services and the need to ensure that migrant and refugee communities were provided with appropriate information.

The project involved training local Registered Nurses who speak Swahili and Bhutanese language about palliative care services. These nurses were then engaged in running information sessions with community and faith leaders about the services and how they could be accessed. From this, community leader representatives were selected to attend a 'Yarning Session' with AWH Palliative Care nurses. This session allowed community leaders and local palliative care nurses to share information and created a two-way understanding of the palliative care services available to community members, and existing cultural and spiritual beliefs that impact the communities' engagement with and access to these services.

Initiating Care Conversations with the Spanish-Speaking Community

During the past year, PCV has continued to build on its successful partnership with UNITED Spanish Latin American Welfare Centre. The work focussed on strategies aimed at engaging the Spanish-speaking community in conversations about end-of-life. The project involved delivering professional development opportunities to UNITED's Client Services Team, Aged Care Workers and volunteers. This included a number of training sessions with Associate Professor Barbara Hayes and a field trip to Rosehaven Hospice in Mansfield for one volunteer.

The project also delivered a community awareness campaign. This included UNITED staff conducting community information sessions for the Chilean Club in Deer Park and the Pentecostes Group in Broadmeadows. They also developed a flyer about Advance Care Planning which was disseminated widely at the Spanish Language Fiesta in North Melbourne. Social media campaigns and radio interviews with SBS Spanish Radio and 3ZZZ Radio were held during National Advance Care Planning Week. A resulting podcast is available on the SBS website. We hope to continue to build on this great work with UNITED in the new year.



(L-R) Rebekah Clutterbuck (AWH PC Manager), Alison Bowman (AWH PC Nurse Practitioner), Jackline Hislop (RN), Gisele Mulenda, Jacques Kafwa, Deo Masudi, Kamushonda wa Toga, and Celestin Itonda, 24 August 2022



UNITED Team at PCV Summit 2023



Advance Care Planning (ACP) Community Info session (at Chilean Seniors Club)



ACP Radio Interview at 3ZZZ

Conversations on Advance Care Planning within the Serbian and other communities

In July 2022, PCV embarked on a 12-month project with the Serbian Community Association of Australia (SCAA). The project aims to increase awareness about Advanced Care Planning (ACP), providing information through informal conversations with older people, their families, health care professionals and clinicians in the Serbian and other multicultural communities. To date the project has delivered several milestones. These have included training of SCAA staff, committee members, and volunteers facilitated by Associate Professor Barbara Hayes. This training provided the team with knowledge and skills required to undertake and deliver the project objectives. As a result, the team has developed and distributed a pamphlet about Advance Care Planning in Serbian (both Cyrillic and Latinica) and delivered 16 information sessions to Serbian community groups in Metro Melbourne, Serbian-speaking GPs, nurses, healthcare providers, and aged care workers in residential facilities. Several information sessions were also run by SCAA with Southern Migrant Refugee Centre with participants from a variety of ethnic backgrounds. SCAA also ran a media campaign including an interview on SBS Serbian Radio and an article published in the 'Serbian Voice' newspaper and an article in Star Community News. We look forward to concluding the project in 2024.

Raising awareness within the Indo-Chinese and Vietnamese communities

Over the year information sessions about palliative care and ACP have been run with community leaders, seniors, carer recipients and carers from Indo-Chinese and Vietnamese backgrounds. Two sessions were organised in collaboration with Springvale Indo-Chinese Mutual Assistance Association (SICMAA) and 2 sessions with the Australian Vietnamese Women's Association (AVWA) which were conducted by Associate Professor Barbara Hayes.

Networking

PCV continued to actively participate in the Positive Ageing and Aged Care Policy Advisory Committee, Ethnic Communities Council of Victoria. PCV has an ongoing representation in this state-wide policy group which supports dialogue and engagement with multicultural aged care providers.

PCV staff also attended the Migrant Settlement Committee (MSC) of the Communities' Council on Ethnic Issues (Eastern Region), a volunteer network engaged in settlement-related matters with migrant and refugee communities.

People experiencing homelessness - access to palliative care

At the last census, 30,660 Victorians were without a home. Victoria experienced the second highest increase rate of people experiencing homelessness between the last two censuses and has the highest number of people living in boarding houses. There have been increases in both the number of women and the number of people over 55 experiencing homelessness for the first time. There is limited information and care available for this marginalised group of the population.

Funding provided by Palliative Care Australia has enabled PCV to consult with organisations that provide care to people experiencing homelessness in Victoria. This baseline work has provided an overview of the challenges which face this marginalised population if they require palliative and end-of-life care. A range of educational and networking opportunities have been identified which will begin to be developed in financial year 2023-2024.



Sikh Community Session



Serbian Community Session



UNITED information stand at Spanish Language Fiesta



Sri Lankan Community Session

Palliative Care in Aged Care Projects

PCV has undertaken two projects, funded by the Federal and State Departments of Health, which aim to enhance access to palliative and end-of-life care within aged care for two cohorts of our older community members. The projects have arisen out of The Comprehensive Palliative Care in Aged Care (PCiAC) Measure.

The projects are as follows:

Goals of care for residents without decision-making capacity

Project Brief: Partner with health service provider(s) to test, refine and implement resources to support families of residents without decision-making capacity to identify and record goals of care. Well-crafted goals of care can inform maintenance and end-of-life plans for residents thereby preventing unnecessary transfers to emergency departments for care not aligned to the resident's goals of care.

To commence this project, PCV Project Officers completed a comprehensive review of current resources, policy documents, frameworks, and research in the area. This work was supported by consultations with multiple stakeholders across the palliative care, aged care, acute care, and community members.

Insights from this comprehensive review and consultations have provided strong support for a resource with more targeted information for family members caring for a person without decision-making capacity in residential care. It also highlighted the unique challenges faced by decision-makers in this context.

To ensure that the resource and support can reach family decision-makers across Victoria, it was decided to develop an online resource hub, with a secondary hard copy resource to be made available. The resource to be developed is called Dignified and Respectful Decisions (DARD) and will be housed as a mini-site on the PCV website.

The DARD site is being developed using an iterative approach, in consultation with both family decision-makers and industry professionals. In addition, two governance groups have been established as part of this iterative process: an Industry Consultation Group and a Consumer Advisory Group. Group members were identified by the project team to represent a broad cross-section of experiences and expertise.

In order to ensure the resource is accessible and represents the diversity of Victoria's population, the project team is working with culturally centric residential aged care homes and seeking input from a diverse range of community groups. There are plans to engage a translation company to support the development of some multi-lingual resources.

Formal testing of the site is set for October 2023 with the full launch of the DARD hub scheduled for February 2024.

Resident Elders, promoting culturally safe Aboriginal and Torres Strait Islander palliative and end-of-life care for Elders

Project Brief: Partner with Aboriginal and Torres Strait Islander organisations to develop and implement a model of care that supports Elders to access culturally safe and effective palliative and end-of-life care.

PCV has invited Aboriginal Community Controlled Health Organisations (ACCHOs) and Community members to partner in addressing the project brief, and has a partnership approach with the Victorian Aboriginal Community Controlled Health Organisation (VACCHO).

This project is underpinned by a commitment to the principles of Aboriginal self-determination, respect and value for Aboriginal Community Control, cultural safety, and culturally responsive practice.

PCV will work in collaboration with a Project and Cultural consultant, and a Steering Group comprised of representatives from ACCHOs, workforce, and Community members. The Steering Group will lead the project, supported by PCV.

A Statewide review of palliative care services and consortia, as well as a review of Victorian Aboriginal Community-led, and mainstream palliative care legacy work was undertaken to build an understanding of culturally specific palliative care resources, service access and referral pathways, and service variances.

PCV Project Officers have been invited to attend a number of events including the VACCHO Statewide Aboriginal Health Worker and Aboriginal Health Practitioner Gathering in Lorne, and the Statewide Aboriginal Hospital Liaison Officer Forum in Lakes Entrance. Knowledge was shared about palliative care, supporting increased access to services, as well as the PCV partnership with VACCHO.

PCV CEO Violet Platt, & Project Officers also attended the VACCHO Victorian Aboriginal Cancer Journey Strategy 2023-2028 launch in Lilydale.

PCV values the opportunity to partner with Victorian Aboriginal Community Controlled Organisations and Community members in the ongoing work to increase access for Aboriginal and Torres Strait Islander people to culturally safe and responsive palliative care and end-of-life care services.



PCV PCiAC Projects Team at PCV Summit 2023
(L-R) Jenny Cotterell, Jesse Odgers, Tiffany Button, Simon Hore-Thorburn and Lynne Casey

Health Professionals and Volunteers



Noala Flynn AM Award

About the award

The Noala Flynn AM Award for Excellence in Palliative Care Nursing honours the memory of Noala Flynn AM, a pioneering palliative care nurse and leader in Victoria. Noala commenced her palliative nursing career at Mercy Hospice in 1985, and her contributions to the field continue to inspire and motivate professionals in the palliative care community.

2023 Award

As part of National Palliative Care Week 2023, PCV was delighted to present the Noala Flynn AM Award for Excellence in Palliative Care Nursing to Jeni Whitfield from St John of God (SJOG) Frankston Hospital. Jeni displayed exceptional dedication and perseverance as the lead nurse in the establishment of a new palliative care service in the Granada Ward of SJOG Frankston.

As the ward had previously focused on rehabilitation, this transition was a significant shift for the hospital and staff. Jeni played a pivotal role in educating and supporting the staff in providing high quality palliative care for their community. Her unwavering commitment to both patients and their loved ones, and staff truly exemplifies the passion and leadership that this award aims to recognise.

Members of the Flynn family attended the presentation event, including Allison Evans, Noala's Daughter, who spoke of the importance of palliative care nursing in her Mother's life, and the value it brings to the community.



Jeni Whitfield presented with the Noala Flynn AM Award



Members of the Flynn family with Jeni Whitfield

Palliative Care Victoria Summit 2023

On February 3, 2023, PCV hosted the Palliative Care Victoria Summit 2023 with the theme of; 'Reflect, Reconnect, Reset'. Held at Hotel Windsor, the event featured a series of presentations from each of the Victorian Palliative Care Consortia, showcasing the innovations and learnings that had taken place throughout the COVID-19 Pandemic.

Additionally, PCV was delighted to have guests from the Victorian Department of Health participating in the event. Jen Bliss, Executive Director, and Theresa Williams, Manager, provided an outline of the government's planned work in the sector.

The event was attended by 130 delegates from across Victoria, and provided the sector's first networking opportunity for quite some time. There was much excitement and collaborative energy in the room as the sector came together face-to-face to share innovations and opportunities for palliative care across Victoria.



Jen Bliss, Victorian Department of Health Executive Director making her address at the PCV Summit 2023



The PCV Summit 2023 provided a much anticipated opportunity to interact with peers



Victorian Department of Health Manager, Theresa Williams presents to delegates with PCV CEO, Violet Platt at the PCV Summit 2023



(L-R) Anny Byrne & Carol Barbeler present on behalf of the Gippsland Region Palliative Care Consortium at the PCV Summit 2023

Promoting the value of volunteering & developing leadership capacity

Enhancing volunteer diversity and leadership capacity

The increased frequency of PCV's Managers of Volunteers Network Meetings worked well for leaders of palliative care volunteers in metro and regional Victoria. Ten meetings were facilitated via Zoom to continue collaboration, support, and information sharing. A variety of topics were discussed including identifying workshops for the professional development of leaders of volunteers, training for volunteers, volunteer management software, VAD reports, setting up reciprocal access to induction training for new volunteers and visits to regional services. Overall, 155 managers from 42 organisations attended the network meetings.

After two years of online training sessions, face-to-face workshops were in high demand. PCV organised and facilitated two Train-the-trainer workshops based on PCV's palliative care volunteer training resource kit. This training was attended by 32 leaders of volunteers from across Australia and received excellent feedback.

Nancy Nuñez from Groupwork Centre facilitated a two-day workshop on "Collaborative leadership" which provided inspiration and ideas and was well received by a total of 13 leaders of volunteers.



Train the Trainer Workshop 2023

Promoting the value of volunteering

Throughout the 2022 - 2023 financial year, PCV continued to foster relationships with Volunteering Victoria (VV) and Leaders of Health Volunteer Engagement (LoHVE), through participation in network meetings and AGMs.

PCV attended the 2023 National Volunteering Conference in Canberra. The conference offered a platform for leaders of volunteers to come together to address emerging issues of high priority, to reconnect and to network with leaders of volunteers from all over Australia. It provided an opportunity to learn more about practical and innovative approaches to reimagining volunteering. This opportunity was shared with PCV's network of Managers of Volunteers.

Heike Fleischmann, Volunteer Engagement & Capacity Building Manager, presented online at the Centre for Palliative Care's Annual Lecture.

The keynote speaker was Catherine Walshe, Professor of Palliative Care at the International Observatory on End-of-Life Care, Lancaster University, UK, who presented on the topic "Past, present, and possibilities: Using evidence to inform the future of volunteering across palliative care". Heike Fleischmann provided insight on the Victorian perspective in the Q&A session.

Heike was also invited to present online at the Palliative Care Volunteering Forum in Western Australia on the topic "The Victorian experience of palliative care volunteering".

During National Palliative Care Week 2023, Heike was one of the panellists at the PCA Connect Webinar "Conversations with people at the heart of palliative care" and highlighted the importance of palliative care volunteers.

PCV's funding application for the City of Melbourne 2023-24 Community Inclusion Grants Program has been successful. The grant enables PCV to produce promotional videos of the importance of volunteers in palliative care which will be published on the PCV website and will be made available for PCV members and partners. PCV will work in partnership with volunteers and leaders of volunteers from palliative care services.

Fostering collaborative community initiatives

There is an identified need for increased access to palliative care and end-of-life care support for people with disabilities who have life-limiting illnesses.

PCV continued its engagement with the Project Advisory Group for the Department of Developmental Disability Neuropsychiatry at the University of New South Wales (3DN UNSW) project "Improving palliative care services for people with intellectual disability" led by the Faculty of Medicine & Health, The Department of Developmental Disability Neuropsychiatry 3DN UNSW. The purpose of the group is to provide advice and guidance to the research team throughout the life of the project until September 2023. PCV has contributed to four meetings with the research team so far.

In addition, PCV joined the Victorian Statewide Disability Palliative Care Advisory Group (SDPCAG). The SDPCAG comprises professionals who represent key interests and areas of expertise in the field of disability, palliative care and related sectors and individuals who provide the voice of the consumer and carers. The purpose of this Advisory Group is to further the work of these sectors and to collaborate on projects and initiatives that will improve access to quality palliative care for people with disabilities who have life-limiting illnesses and require palliative care support. PCV gave input at four meetings and will continue its participation in this group.

PCV successfully secured funding from the Department of Health to work in collaboration with the Victorian Advocacy League for Individuals with Disability. The funding will be utilised to develop and facilitate peer-to-peer information sessions on the benefits of palliative care for people with an intellectual disability, and education workshops for their families, carers and disability support workers.



Collaborative Leadership Training, March 2023



Volunteering Victoria National Volunteers Week 2023 Event



PCV team member Heike Fleischmann attended the 2023 National Volunteering Conference

'My Choice of Care' Report

In 2022, PCV collaborated with the Australian GLBTIQ Multicultural Council (AGMC) on a project aimed at improving awareness among LGBTIQ+ individuals from multicultural/multifaith (MCMF) backgrounds of their rights and options.

This work sought to foster equity and inclusion among palliative care service providers for multicultural, multifaith LGBTIQ+ communities. Delving into the experiences and challenges faced by these communities when accessing palliative care, the project focused on developing strategies to enhance the care that these services can provide.

AGMC is the national peak body for lesbian, gay, bisexual, trans, intersex, and queer individuals and community groups of multicultural and multifaith backgrounds.

The collaboration has also produced several short videos which are available on the PCV website providing an introduction to palliative care for members of the Australian LGBTIQ+ multicultural and multifaith community.

The results of the project have been published in a document entitled 'My Choice of Care: Palliative Care from Multicultural and Multifaith LGBTIQ+ Perspectives and Experiences'. The report was launched on July 18, 2023, at Melbourne's Multicultural Hub.

Dr Judy Tang, Victorian Multicultural Commissioner was the MC of the launch event and guided a panel of thought leaders with lived experience through a conversation with the 44 attendees about the research findings, and the strategies for creating a compassionate, equitable and inclusive palliative care environment.

The launch of this report represents a significant milestone in the journey toward improving access to quality palliative care for all Victorians.



(L-R) Maria Pallotta-Chiarolli & Budi Sudarto from the Australian GLBTIQ Multicultural Council at the launch of 'My Choice of Care'



Attendees at the 'My Choice of Care' launch during the presentations from the researchers & lived experience panel



PCV team members Tonina Gucciardo-Masci & Tiffany Button with attendees at the 'My Choice of Care' Launch event



(L-R) Dr Judy Tang, Victorian Multicultural Commissioner and Violet Platt, PCV CEO

PCV visits to new facilities

In September 2022, the PCV team ventured out to visit the newly renovated premises of two of Victoria's hospice facilities servicing regional communities.

PCV staff visited Anam Cara House Geelong's new facility in Waurn Ponds. At the time of visiting, the centre was open to day guests and was soon due to open for overnight guests.

The PCV team were impressed with the thoughtful, purposeful design of the building itself, and the model of care that would be soon implemented. It was exciting to be shown around the building, having details of the design features pointed out and explained. The team at Anam Cara House Geelong have struck a great balance between creating a welcoming and comfortable environment and operating as a professional medical facility.

PCV congratulates Anam Cara House Geelong on the launch of this fantastic new facility, which promises to be of great benefit to the local community.

The following week, the team visited Rosehaven Hospice in Mansfield, accompanied by PCV community partner, Ms Rafaela Lopez OAM, Volunteer Community Advisor from United Spanish Latin American Welfare Centre.

It was exciting to finally be able to visit Rosehaven, having postponed the trip multiple times due to the COVID-19 pandemic. Upon arrival, the PCV team were greeted by the managers of the program, and by a group of passionate volunteers with beaming smiles.

The building was constructed by converting an existing house into a medical-grade facility. Although it meets all medical requirements, they have managed to create a warm and homely environment – a feature of all services that Rosehaven offer.

It was inspiring to see their passion and 'can-do' approach. As Rafaela said, This facility renews faith that community-driven programs with excellent services are possible."



PCV visit to Anam Cara House Geelong. (L-R) Maree Chilton, Heather Stevens, Violet Platt, Adrian Hart, Ed Hawke



Members of the PCV team with staff and volunteers of Rosehaven Hospice, Mansfield



Members of the PCV Team with Staff and Volunteers of Rosehaven Hospice. (L-R) Heike Fleischmann, Bianca Hurle, Elizabeth Jenkins, Heather Stevens, Violet Platt

Website & resources

PCV Website usage

	Total	Daily mean
Visits	54,527	149
Unique visitors	33,582	92
Pageviews	115,106	315
Service provider search	12,137	33
Total Downloads	3451	9

Top 10 viewed pages on PCV website

1	Services Search	12,137
2	Useful Information	7,003
3	Career Opportunities	3,160
4	PCV Summit 2023	3,033
5	About Palliative Care	2,990
6	Live the life you please screening event	2,552
7	Training and Events	2,338
8	What is palliative care?	1,805
9	Volunteer Opportunities	1,608
10	Get Support	1,452

Resource Orders & Distribution

Easy English resources	1,626
Supporting a Person Who Needs Palliative Care	868
Living, Dying & Grieving Well	515
Palliative Caring (Victoria)	424
Bilingual Brochures (All)	86
Understanding the Palliative Care Journey	41
Volunteer Training Resource Kit	24
Total Resources Ordered	3,584



Palliative Care Victoria Members



Membership summary

Newsflash



48 issues, at an average of 621 recipients.

Volunteer Newsflash



10 issues, with an average of 567 recipients

Membership



In financial year 2022 - 2023, PCV had 89 Individual Members and 87 Organisation Members.

National policy submission

Contributing to national policy for palliative care remains an important cornerstone of PCV work. We thank our members who have contributed and provided feedback which has enriched the nature of our contributions. Examples of work in this area include:

- Palliative Care and Voluntary Assisted Dying position statement 2022
- Voluntary Assisted Dying in Australia – Guiding Principles for those providing care to people living with life-limiting illnesses.
- Nurse Practitioner Workforce Plan
- National Dementia Action Plan Development
- Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability

Department of Health meetings

We wish to acknowledge and thank the Victorian Department of Health for their ongoing engagement and support during financial year 2022 - 2023. There has been a significant increase in sharing of palliative care knowledge with the Department facilitated by PCV.

In December 2022, the leadership teams from the Community Specialist Palliative Care Services held a collaborative meeting with Professor Euan Wallace and Director Jennifer Bliss. Further engagement meetings are in train as this report is developed.

Department of Health Director Jennifer Bliss and Manager Theresa Williamson spent the day with palliative care services at the PCV Summit in February 2023 and delivered the keynote address and an overview of aged care and palliative care funding initiatives.

Deputy Secretary Louise McKinley launched the premier screening event of *Live the Life You Please* and was supported by the Department through the attendance of Jennifer Bliss and Danny Wong, Senior Project Officer.

Jennifer Dobell, who is leading the development of the workforce strategy for the Department is working closely with PCV to support the development of the palliative care workforce for the future.

Advocacy – election campaign and MP meetings

In the lead-up to the 2022 Victorian State Election PCV implemented a campaign that called for all political parties to commit to investment in palliative care, to meet the rapidly rising demand.

The campaign was supported by the release of 'The sustainability of palliative care in Victoria' report, which highlighted the concerns which Victorian palliative care services have now, and for the future.

In addition to the additional funding requirements, PCV also advocated for several priority areas, including but not limited to:

- The need for government to work with the Victorian community to increase knowledge and understanding of palliative care so they can make informed choices about their future.
- Support for carers with practical methods by providing a night sitting service, allowing carers to rest and continue to support their loved ones.
- Develop a workforce plan that ensures we can meet the growing needs of the population.

More recently, as part of the ongoing advocacy work to develop stronger relationships with the government and elected members of Victoria's Parliament, PCV contacted each of the newly elected members of parliament.

These activities have resulted in some promising progress:

- 128 MPs were contacted prior to the election.
- The new set of 128 MPs was contacted post-election.
- Direct response and correspondence with 43 MPs
- Meaningful dialogue with 22 MPs
- Meetings with 8 MPs

The campaign also received coverage from media outlets including The Australian, ABC News Radio, ABC Radio Melbourne, Channel 9 News, the Herald Sun, National Tribune, and Pro Bono Australia.

Although pleased with the progress made in financial year 2022 - 2023, PCV will continue to appeal to the Victorian Government to commit to investment in palliative care to meet the rapidly rising demand. PCV is encouraged by the support received during the campaign and is looking forward to ongoing relationships with members of the Victorian Parliament.

National Palliative Care Week 2023

This year's national campaign was run with the theme of *Matters of Life and Death*, which focused on telling the stories of the people at the heart of palliative care.

PCV's marquee event for National Palliative Care Week 2023 was co-hosting a screening of the film *Live the life you please* with the Spiritual Health Association. Part of a larger campaign that was run in collaboration with Palliative Care Australia, *Live the life you please* follows the experiences of Australians of all ages and different stages of life-limiting illness.

The film is a compelling depiction of the importance of palliative care to the community and sets the bar for what quality palliative care could look like for all Victorians.

The event – held on 23 May 2023 at Palace Kino in Melbourne – was launched by Louise McKinlay, Deputy Secretary at the Victorian Department of Health. There was palpable energy amongst the 154 people who attended the theatre, which carried through to the panel discussion at the conclusion of the film. The panel was hosted by Dr Stephen Duckett, and consisted of Dr Mark Boughey, Nurse Consultant and PCV Board Member Amy Noble, Spiritual Care Practitioner Russell Armstrong, and Music Therapist Clare O'Callaghan.

The passion and excitement of this event is typical of what was shown throughout this year's National Palliative Care Week 2023 campaign. Across Victoria, there were several events that were held in participation with the campaign, including further screenings of *Live the life you please*, education and information sessions. PCV is grateful to represent a membership base and sector so dedicated to the provision of high-quality palliative care for all Victorians.



The theme for this year's National Palliative Care Week, 'Matters of life and death'



Stephen Duckett and the panel address the full Kino Cinema at the screening of 'Live the Life you please'



PCV board member Sandeep Bhagat (far left) with fellow panel members at a screening of 'Live the life you please' during National Palliative Care Week 2023



PCV team preparing to send out resources to members in the lead up to National Palliative Care Week 2023

Acknowledgement of members

Life Members

Dr Trevor Banks
Dr David Brumley OAM
Dr Eric Fairbank AM
Mr Rodney Harris OAM
Mrs Patty Hodder
Ms Anne Lane
Ms Anne Oakley
Emeritus Prof. Margaret O'Connor AM
Dr Ruth Redpath
Ms Carmel Smith
Mrs Anne Turley
Ms Diane Wright OAM

Board Members

Ms Margaret Aldous
Dr Sandeep Bhagat
Mr Arunesh Choubey
Mrs Angie Dredge
Assoc. Prof. Barbara Hayes
Ms Kate Johnson
Ms Amy Noble
Ms Kelly Rogerson

Individual Members

Ms Margaret Allan
Ms Georgina Barraclough
Ms Charity Bowa
Ms Linda Brown
Ms Melissa Butcher
Dr Ashleigh Butler
Mr Christopher Carr
Mr John Clements
Dr Alexandra Clinch
Ms Deborah Cochran
Ms Rachel Coghlan
Mrs Jennie Coombes
Ms Clare Cotter
Mrs Valerie Crane
Mrs Anita Crank
Ms Kerrie Cunningham
Dr Adrian Dabscheck
Mrs Leanne Davey
Ms Kerry Dmytrenko
Ms Kylie Draper
Mrs Karen Eccles
Ms Karren Ekberg
Dr Katrin Gerber

Mrs Linda Gilbert
Dr Judi Greaves
Dr Aisling Griffin
Ms Ilsa Hampton
Ms Olivia Hedges
Ms Cheryl Hodges
Ms Elizabeth Holland
Mr Tom Holman
Dr Rosalie Hudson
Ms Bianca Hurlle
Mrs Amanjit Jathol
Mr David Kerr
Dr Scott King
Ms Natasha Kirk
Prof. David Kissane
Ms Jodie Langford
Mrs Tracey Lloyd
Mrs Belinda Luther
Mr Victor McConvey
Rev Kevin McGovern
Mr John McKenna
Ms Jody Membrey
Ms Julie Murphy
Mrs Candace Ohanessian
Assoc. Prof. Joanne Porter
Ms Lisa Prior
Ms Carol Quayle
Dr Beth Russell
Mrs Philippa Sambevski
Ms Karen Scull
Ms Norma Seip OAM
Ms Rose Sexton
Ms Fiona Shepherdley
Dr David Spicer
Ms Janine Stockley
Mrs Anna Treble
Dr Georgie van der Vliet
Ms Sunita Varlamos
Ms Kerry Whitlock
Mrs Sharmalie Wijesinghe
Prof. Leeroy William
Dr Aaron Wong
Ms Naomi Wood
Mrs Dorothy Yiu OAM JP
Mrs Anne Young
Ms Melanie Zan

Organisation Members

AIPEACS Pty Ltd
Albury Wodonga Health - Palliative Care
Anam Cara House – Colac
Anam Cara House – Geelong
Austin Health
Bairnsdale Regional Health Service
Ballarat Health Services - Gandarra Palliative Care Unit
Ballarat Hospice Care Inc
Banksia Palliative Care Service Inc
Baptcare
Barwon Health Palliative Care Program
Barwon South Western Region Palliative Care Consortium
Bass Coast Health
Bellarine Community Health
Benalla Health - Palliative Care Service
Bendigo Health
Benetas
BlueCross | Sapphire Care
Cabrin Health - Cabrini Palliative Care Service
Calvary Health Care Bethlehem
Carers Australia VIC
Central Gippsland Health Service
Central Highlands Rural Health
Centre for Palliative Care
Dhelkaya Health (Castlemaine Health Campus)
East Grampians Health Service
Eastern Health - Wantirna Health Palliative Care
Eastern Metropolitan Region Palliative Care Consortium
Eastern Palliative Care Assoc Inc
Echuca Regional Health
Fernlea House
Gippsland Lakes Complete Health Ltd
Gippsland Region Palliative Care Consortium
Gippsland Southern Health Service - Palliative Care
Goulburn Valley Health
Goulburn Valley Hospice Care Service Inc.
Grampians Region Palliative Care Consortium
Grampians Regional Palliative Care Team
Grief Australia
Home Hospice Australia
Hospice Foundation Geelong
Hume Region Palliative Care Consortium
Kooweerup Regional Health Service
La Trobe University Palliative Care Unit
Latrobe Community Health Service
Latrobe Regional Hospital
Loddon Mallee Region Palliative Care Consortium
Lower Hume Palliative Care
Melbourne City Mission Palliative Care

Mercy Palliative Care
Moira Palliative Care Service
Monash Health - McCulloch House
Monash Uni School of Nursing & Midwifery
Motor Neurone Disease Association of Victoria
North and West Metropolitan Region Palliative Care Consortium
Northeast Health Wangaratta
Northern Health
Orbost Regional Health
Order of Malta Hospice Home Care (Vic) Inc
Palliative Aged Care Outcomes Program (PACOP)
Palliative Care South East
PCOC
Peninsula Health
Peninsula Home Hospice
Peter MacCallum Cancer Centre
Portland District Health
Prestige In Home Care
PRONIA
Rosehaven Hospice Ltd
Royal Flying Doctor Service (RFDS) Victoria
Royal Melbourne Hospital
South Eastern Private Hospital
South West Healthcare
Southern Metropolitan Region Palliative Care Consortium
St John of God Hospital Berwick
St Vincent's Melbourne - Palliative Care Services
Sunraysia Community Health Services
Swan Hill District Health
Tallangatta Health Service
The Alfred Hospital
Very Special Kids
Victorian Paediatric Palliative Care Program
Warrnambool & District Community Hospice Inc
West Gippsland Healthcare Group
Western District Health Services Palliative Care
Western Health Palliative Care Service
Wimmera Health Care Group
Yackandandah Health
Yarram & District Health Service

Financial information

21/22 – 22/23 Comparison

	2023		2022	
	\$	%	\$	%
INCOME				
Grant & project income	1,165,193	80.30%	756,388	71.70%
Membership fees	124,923	8.61%	124,673	11.82%
Products & services	405,994	27.98%	9,627	0.91%
Donations	9,911	0.68%	8,503	0.81%
Investment income	130,541	9.00%	155,768	14.77%
Total Income	1,451,132	100%	1,054,959	100%
EXPENDITURE				
Projects	829,368	71.99%	491,429	57.50%
Salary costs (excl. projects)	291,014	25.26%	269,873	31.58%
Occupancy, office & other costs	31,701	2.75%	93,334	10.92%
Total Expenditure	1,152,083	100%	854,636	100%
Net operating surplus/deficit	299,049		200,323	
Other comprehensive income	139,280		-312,547	
Total comprehensive income	438,329		-112,224	
Net assets	2,304,613		1,866,284	

Appreciation

PCV greatly appreciates the financial support received in 2022 - 2023.

Donations

We greatly appreciate the seven donations we received during the 2022 - 2023 financial year.

These donations totalled \$9,910.70.

Grants & Funding Assistance

Palliative Care Australia

Victorian Department of Health



Australian Government Department of Health and Aged Care



Australian Government
Department of Health and Aged Care



ANNUAL REPORT 2022 - 2023

