

COMMUNITY PALLIATIVE CARE ALLIED HEALTH – PHYSIOTHERAPY NOVICE TO ADVANCED PRACTICE FRAMEWORK

* To be used in conjunction with the Allied Health Novice to Advanced Practice Framework

Novice	Competent	Advanced
<p><i>Examples</i></p> <p>Principles of Community Palliative Care</p> <ul style="list-style-type: none"> Demonstrates developing knowledge of Physiotherapy assessment, outcome measures and interventions in the palliative care setting. Demonstrates developing knowledge of Physiotherapy expectations and standards of practice working in community palliative care. Demonstrates developing knowledge and recognition of disease progression on functional deterioration, which may impact behaviour and decision-making of the clients and carers. Demonstrates developing ability to assist the person with a life-limiting illness and their carers to adapt to a transition from life prolonging treatment to a focus on sustaining quality of life. <p>Evidenced based practice</p> <ul style="list-style-type: none"> Demonstrates developing knowledge of palliative rehabilitation approach and its application. Demonstrates developing skills in using Physiotherapy evidence-based practice to guide decision making and clinical skills for clients with life-limiting illnesses. Demonstrates developing knowledge and understanding of non-pharmacological symptom management strategies (i.e., breathlessness, pain and fatigue) for clients with life-limiting illnesses. <p>Safe practice</p> <ul style="list-style-type: none"> Demonstrates knowledge of benefits and risks of Physiotherapy interventions. Demonstrates basic skills in functional assessment (including mobility) and equipment prescription Demonstrates basic falls risk assessment, intervention and management strategies Demonstrates basic respiratory assessment, intervention and management strategies. Demonstrates basic knowledge of oedema management in the palliative care context. Demonstrates basic knowledge of pain assessment, intervention and management strategies. Demonstrates developing knowledge and skills in identifying when referral to an alternative specialised practitioner is appropriate and required. Demonstrates knowledge of appropriate safe manual handling relevant to Physiotherapy intervention. Demonstrates developing knowledge of undertaking basic education/training with carers. Demonstrates developing knowledge of how to identify service gaps affecting mobility and function, navigate funding schemes and liaise with relevant services. Demonstrates ability to (within the context of current scope of practice) recognise and address frank presentation of palliative care emergencies and take appropriate action (e.g. spinal cord compression). Demonstrates developing understanding of the role of physiotherapists throughout the all the PCOC defined phases of care. Demonstrates developing awareness of when to modify and /or withdraw interventions. <p>Communication</p> <ul style="list-style-type: none"> Demonstrates developing ability to communicate to the person and their carers the clinical reasoning for modification or withdrawal of interventions due to changing clinical and functional presentation. Demonstrates developing ability to assist the person with a life-limiting illness and their carers to adapt to a transition from life prolonging treatment to a focus on sustaining quality of life. <p>Multidisciplinary Teamwork</p> <ul style="list-style-type: none"> Demonstrates developing ability to provide education to team about modification and/or withdraw interventions. Demonstrates developing awareness of overlapping skill sets of allied health disciplines within scope of practice. 	<p><i>Examples</i></p> <p>Principles of Community Palliative Care</p> <ul style="list-style-type: none"> Demonstrates comprehensive knowledge of Physiotherapy assessment, outcome measures and interventions in the palliative care setting. Demonstrates comprehensive knowledge of Physiotherapy expectations and standards of practice working in community care. Demonstrates comprehensive knowledge and recognition of disease progression on functional deterioration, which may impact behaviour and decision-making of the clients and carers. Demonstrates comprehensive ability to assist the person with a life-limiting illness and their carers to adapt to a transition from life prolonging treatment to a focus on sustaining quality of life. <p>Evidenced Based practice</p> <ul style="list-style-type: none"> Demonstrates a comprehensive knowledge of palliative rehabilitation approach. Demonstrates comprehensive skills in using Physiotherapy evidence-based practice to guide decision making and clinical skills for clients with life-limiting illnesses. Demonstrates comprehensive knowledge and understanding of non-pharmacological symptom management strategies (i.e., breathlessness, pain and fatigue) for clients with life-limiting illnesses. <p>Safe practice</p> <ul style="list-style-type: none"> Demonstrates comprehensive knowledge of benefits and risks of Physiotherapy interventions. Demonstrates comprehensive skills in functional assessment (including mobility) and equipment prescription. Demonstrates comprehensive falls risk assessment, intervention and management strategies. Demonstrates comprehensive respiratory assessment, intervention and management strategies. Demonstrates comprehensive knowledge of oedema management in the palliative care context. Demonstrates comprehensive knowledge of pain assessment, intervention and management strategies. Demonstrates comprehensive knowledge and skills in identifying when referral to an alternative specialised practitioner is appropriate and required. Demonstrates effective teaching of appropriate safe manual handling relevant to Physiotherapy intervention. Demonstrates comprehensive knowledge and skills in undertaking education/training with carers. Demonstrates comprehensive knowledge of how to identify service gaps affecting mobility and function, navigate funding schemes and liaise with relevant services. Demonstrates comprehensive ability to recognise and address frank presentation of palliative care emergencies and take appropriate action (e.g. spinal cord compression). Demonstrates comprehensive understanding of the role of physiotherapist throughout all the PCOC defined phases of care. Demonstrates comprehensive awareness of when to modify and /or withdraw interventions. <p>Communication</p> <ul style="list-style-type: none"> Demonstrates comprehensive ability to communicate to the person and their carers the clinical reasoning for modification or withdrawal of interventions due to changing clinical and functional presentation. Demonstrates comprehensive ability to assist the person with a life-limiting illness and their carers to adapt to a transition from life prolonging treatment to a focus on sustaining quality of life. <p>Multidisciplinary Teamwork</p> <ul style="list-style-type: none"> Demonstrates comprehensive ability to provide education to team about modification and/or withdraw interventions. Demonstrates comprehensive awareness of overlapping skill sets of allied health disciplines within scope of practice and has completed interdisciplinary competencies. 	<p><i>Examples</i></p> <p>Principles of Community Palliative Care</p> <ul style="list-style-type: none"> Demonstrates effective sharing of expert knowledge of Physiotherapy assessment and interventions in the palliative care setting. Demonstrates effective sharing of expert knowledge of Physiotherapy expectations and standards of practice working in community care. Demonstrates effective sharing of expert knowledge and recognition of disease progression on functional deterioration, which may impact behaviour and decision-making of the clients and carers. Demonstrates effective sharing of expert knowledge to assist the person with a life-limiting illness and their carers to adapt to a transition from life prolonging treatment to a focus on sustaining quality of life. <p>Evidenced Based practice</p> <ul style="list-style-type: none"> Demonstrates effective sharing of expert knowledge of palliative rehabilitation approach. Demonstrates effective leadership in using Physiotherapy evidence-based practice to guide decision making and clinical skills for clients with life-limiting illnesses. Demonstrates effective sharing of knowledge and understanding of non-pharmacological symptom management strategies (i.e., breathlessness, pain and fatigue) for clients with life-limiting illnesses. <p>Safe practice</p> <ul style="list-style-type: none"> Demonstrates effective sharing of expert knowledge of benefits and risks of Physiotherapy interventions Demonstrates effective sharing of knowledge and skills in functional assessment (including mobility) and equipment prescription. Demonstrates effective sharing of expert knowledge of falls risk assessment, intervention and management strategies Demonstrates effective leadership in respiratory assessment, intervention and management strategies which may include the use of specialised equipment. Demonstrates effective sharing of expert knowledge of oedema management in the palliative care context. Demonstrates effective sharing of expert knowledge of pain assessment, intervention and management strategies. Demonstrates effective teaching of expert knowledge and skills in identifying when referral to an alternative specialised practitioner is appropriate and required. Demonstrates leadership in in appropriate safe manual handling relevant to Physiotherapy intervention. Demonstrates effective sharing of expert knowledge and skills in undertaking education/training with carers. Demonstrates effective sharing of expert knowledge in how to identify service gaps affecting mobility and function, navigate funding schemes and liaise across relevant services. leadership in recognising and addressing frank presentation of palliative care emergencies and take appropriate action (e.g. spinal cord compression). Demonstrates effective leadership of the role of physiotherapist throughout all the PCOC defined phases of care. Demonstrates effective sharing of expert knowledge of when to modify and /or withdraw interventions. <p>Communication</p> <ul style="list-style-type: none"> Demonstrate an expert ability to communicate to the person and their carers the clinical reasoning for modification or withdrawal of interventions due to changing clinical and functional presentation and lead other staff in these conversations. Demonstrates leadership in ability to assist the person with a life-limiting illness and their carers to adapt to a transition from life prolonging treatment to a focus on sustaining quality of life. <p>Multidisciplinary Teamwork</p> <ul style="list-style-type: none"> Demonstrates effective leadership in providing education to team about modification and/or withdraw interventions. Demonstrates effective sharing of expert knowledge of overlapping skill sets of allied health disciplines within scope of practice and assesses interdisciplinary competencies.