Allied Health Community Palliative Care Novice to Advanced Competency Framework

Glossary

Advanced care planning is the process of planning for your current and future health care. It involves talking about your values, beliefs and preferences with your loved ones and doctors. This helps them make decisions about your care when you can't. (Australian Government Department of Health and Aged Care Advance care planning | Australian Government Department of Health and Aged Care).

Allied Health is an umbrella term that includes a variety of health disciplines across many health sectors that aim to support and improve the health and wellbeing of their consumers by providing a range of diagnostic, technical, therapeutic and direct health support. Allied Health disciplines include Dietician, Occupational Therapist, Physiotherapist, Social Worker, and many more. (Allied Health Professions Australia https://ahpa.com.au/).

Bereavement is the experience of losing someone important to us. It's characterised by grief, which is the process and the range of emotions we go through when we experience a loss. (Mind What is bereavement? - Mind).

Competency is the consistent application of knowledge and skill to the standard of performance required in the workplace. It embodies the ability to transfer and apply skills and knowledge to new situations and environments' ([National Quality Council 2014, p. 4] in Overview Allied health: credentialing competency and capability framework [revised edition]. allied-health--credentialling-competency-and-capability-framework---overview---pdf (1).pdf).

Culturally safe means an environment which is spiritually, socially and emotionally safe, as well as physically safe for people; where there is no assault, challenge or denial of their identity, of who they are and what they need. (University of Tasmania CULTURAL SAFETY - WHAT DOES IT MEAN AND WHAT DOES IT MEAN FOR OUR WORK PRACTICE? (utas.edu.au)).

Dignity of risk is another way of saying you have the right to live the life you choose, even if your choices involve some risk (Aged Care Quality and Safety Commission What is dignity of risk? (A4 poster) (agedcarequality.gov.au)).

Life limiting illness is an active, progressive, or advanced disease, that has little or no prospect of cure and that you're likely to die from at some point in the future. If you have been diagnosed with a life limiting illness you may continue to live an active life for many years to come. (Australian Government Department of Health and Aged Care What is palliative care? | Australian Government Department of Health and Aged Care).

National palliative care standards are a guide to best-practice palliative care in different settings. (Palliative Care Australia National Palliative Care Standards - Palliative Care Australia).

Multidisciplinary Care is when professionals from a range of disciplines work together to deliver comprehensive care that addresses as many of the patient's needs as possible. (NSW Health Multidisciplinary Team Care - HealthOne NSW).

Palliative Care is person and family-centred care provided for a person with an active, progressive, advanced disease, who has little or no prospect of cure and who is expected to die, and for whom the primary goal is to optimise the quality of life (Palliative Care Australia, 2024, What is palliative care? - Palliative Care Australia).

Palliative Care Outcomes Collaboration (PCOC) is a national palliative care program funded by the Australian Government Department of Health and Aged Care. It aims to improve patient outcomes and has enabled clinicians to achieve significant improvements in patient and carer outcomes over time. (University of Wollongong Palliative Care Outcomes Collaboration - University of Wollongong – UOW).

Palliative Rehabilitation Approach Integrating rehabilitation into palliative care services can improve access to and quality and efficiency of health care. Integration also has the potential to be a sound financial investment, as it improves a person's health and functioning and can prevent secondary conditions and reduce further palliative care needs. Rehabilitation integrated into palliative care can enable the provision of quality holistic care (World Health Organization WHO-EURO-2023-5825-45590-68173-eng.pdf).

Phases of palliative care refers to the five phases used to identify the severity of symptoms and help identify needs. They encompass being in a stable condition through to post death and bereavement. People can move in between the first four of these phases during their palliative care journey. (Western NSW PHN PowerPoint Presentation (wnswphn.org.au)).

Quality of life (QoL) is a concept which aims to capture the well-being, whether of a population or individual, regarding both positive and negative elements within the entirety of their existence at a specific point in time. (National Institute of Health Library Quality Of Life - StatPearls - NCBI Bookshelf (nih.gov)).

RUN-PC is a triage calculator used in palliative medicine, it is an evidence-based and validated tool to facilitate the equitable, efficient and transparent prioritisation of patients referred to specialist palliative care services by urgency of need. (Palliative Nexus RUN-PC Triage Tool Calculator | Palliative Medicine (palliativenexus.org)).